FIVE YEAR FOLLOW-UP CLINIC VISIT

FORM APPROVED OMB No. 68-R1325 Expires 12/31/79

FORM NUMBER 12

| | COMPLETE ITEMS 1, 2, 13, 19, 20, 21, 22, and 38 | PRIOR TO CLINIC VISIT | |
|-----|--|--------------------------------------|--|
| 1. | Program Number: 3,4 5,6,7,8,9 10,11 | 1) 12,13,14,15,16,17 | |
| 2. | Name: (PRINT IN BLOCK CAPITALS) BATCH NO | UMBER Coordinating Center ACROSTIC | |
| | 2 118 11 9 12012 11 | 021231241251 | |
| | (Mr., Miss, Mrs., Ms.) Last First | Hour 5 Minute 6 | |
| 3. | Date: 2627 2829 19 3031 4. Time arriv | /ed: 32.33 : 34.35 | |
| 5. | | Initiated ☑ | |
| c | Time since last meal? | | |
| 6. | Time since last meal? 37.38 : 39.40 | | |
| | COMPLETE THE SECTION BELOW AT TERMINATION OF V | ISIT BEFORE PARTICIPANT LEAVES | |
| 7. | Procedures a. Envelope allocation of participant | | |
| 14 | ☐ Referred Care ☐ Stepped Care | | |
| | b. Treatment allocation of participant | | |
| (15 | 50 2 Stepped Care | | |
| | c. Results to be sent to care source? | | |
| (16 | NÓ YES □ □ + □ HP03A completed | | |
| 8. | Review of completed HP26 | | |
| 52 | 1 \square Every item on each page is complete and legible. $^{5/5}$ | Name and Program Number are correct. | |
|) | Fasting blood specimen obtained. | Completed Scheduled Refused | |
| | 1 Hr. post-glucose load specimen obtained. | (20)1155 | |
| | Urinalysis performed. | 00 56 2 3 | |
| | ECG completed. | 22) 1157 12 | |
| ۱ | Chest x-ray completed. | | |
| • | ☐ HP12, Clinical Center Laboratory Report, initiated and entered in | | |
| 9. | Location of examination: Clinic 1 In Home 5 | Other, specify: | |
| 10. | Time visit completed. Hour Minute | (FLAG 61) | |
| 10. | а.m. уз. д. | | |
| | | | |
| | (18) | (12) | |
| | | | |
| | This section completed by: | 46 147 | |

This section completed by:

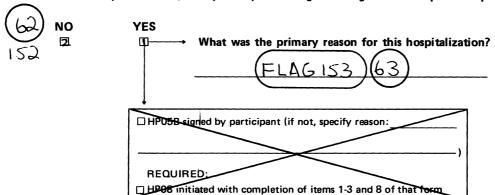
| you stand u | p. | | | | | |
|-----------------|----------------------------|--|--|----------------------------|----------------|--------------------|
| Cu | iff size: | Pulse ob | oliteration pressure: | +30 | | 30 |
| $(\land q) $ | egular arge arm high | | flation level: nometer) ım Zero —— | + | (| FLAG 68 |
| Ч р | ediatric | Peak inf (Randor | flation level: m-Zero) | | | |
| b. Blood p | oressure reac | lings: | Systolic 3 | Diastol | lic (5th phase | (32) |
| 1. | (Std) | | 69,70,71 | 73 | 2173174 | |
| 2. | (R-Z) | | | 75/16/77 (33) | | 78,79,80 (34 |
| | | Zero | | 81,82 35 | | 83184 (36 |
| | | Corrected | | 85186187 | | 88189100 |
| 3. | (Std) | | 91,9293 (3 | (37) R. | 1,95,96 | 40) (38 |
| 4. | (R-Z) | | | 97,198,199(41) | | 100 11011 102 (42) |
| | | Zero | | | 13) | 1051 106 |
| | | Corrected | | 107,108,109 | | 110,111,112 (46 |
| | | Sum of Corr | rected Readings 2 & 4 | 113,114,115 (47) | | 116,117,118 48 |
| | | Average of F of Corrected 2 & 4 Divide | | | | |
| 5. | (Std) after 2 minutes | - | 1191120121 | 9 |) 133 154 | 50) |
| 6. | (R-Z) afte 2 minutes | _ | | 135 11361127 (51) | | 158 1591130 65 |
| | | Zero | | 131 1132 (53) | | 133 1134 54 |
| | | Corrected | | 13511361137 | | 13811391 149 (56 |
| | | g, or in the pa | ast two days have you | taken any medication for h | igh blood pre | (|
| NO 141 🔼 | YES (5 | 7) | | | | |
| a. Height: | Inch L | b. | Poun Weight I 역식)(식) | c. Percent of idea | _ | 14711481149 60 |
| Observer: _ | | | | | | 1501121 |
| | | | | | | <u> </u> |
| /77 | | | | | | HP26/2 |

I will be taking six blood pressure readings, four of them while you are seated and two of them just after

11.

a. Pulse: Beats in 30 seconds

- 13. Interval Medical History Since Home Interview, HP25, (Date ___/___):
 - a. Since we last saw you at home, have you stayed overnight or longer in the hospital as a patient?



b. Since we last saw you at home, have you started any new medicines, or have you stopped taking any medicines?

| NO | YES | |
|-----|-----------|------------|
| 2 | ΦD | (65) |
| 154 | Describe: | (FLAG 155) |
| (6) | | |

14. Now I would like to ask you some questions about the health of your relatives.

Has any close relative (father, mother, brothers, sisters, children) ever had any of the following diseases?

| | | Yes | No | <u>DK</u> | Relationship |
|------------|---------------------|--------|----|-----------|-----------------|
| (17 | Heart attack | 156 11 | 2 | 3 | |
| 6 | Other heart disease | 157 🕮 | Z | 3 | |
| (10) | High blood pressure | 128 m | Z | [3] | \leftarrow |
| (69) | Stroke | 159 11 | Z | 3 | (FLAG 162) (72) |
| | Diabetes | 160 1 | 7 | 3 | |
| \bigcirc | Kidney disease | 161 11 | Z | 3 | |

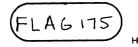
PARTICIPANT MAY NOW BE SENT TO THE LAB FOR DRAWING OF BLOOD SAMPLE

| 15. a. (1) Have you ever had any pain or discomfort in your chest? | |
|---|---|
| YES NO (73) 163 II IZ | |
| • | |
| Have you ever had any pressure or heaviness in your chest? YES NO | |
| (74) 164 D P | |
| Skip to 15c | |
| | |
| (2) Do you get this pain (or discomfort) when you walk up-hill or hurry? YES NO Never walks up-hill or hurries | |
| (75) 165 12 14 13 13 14 15 16 16 16 16 16 16 16 16 16 16 16 16 16 | |
| Skip to 15b | 1 |
| | |
| (3) Do you get this pain or discomfort when you walk at an ordinary pace | |
| on the level? YES NO | |
| (76) 166 ¹¹ ¹² | |
| | |
| (4) What do you do if you get this pain while you are walking? | |
| ☐ Stop or slow down | |
| 167 Z Take a nitroglycerin | Ì |
| ☐ Continue at same pace | 1 |
| Skip to 15b | |
| (5) If you stand still, what happens to the pain? | |
| Relieved Not Relieved | |
| (78) 168 II | |
| (6) How soon is the pain relieved? | } |
| (6) How soon is the pain relieved? 10 minutes or less More than 10 minutes | |
| 10 minutes or less More than 10 minutes 2 → Skip to 15b | |
| 11/161 | |
| (7) Will you show me where it was? | |
| (a) Sternum (SC) 11 12 17 | 0 |
| (middle or upper) | |
| (b) Sternum (8) II II 17 | , |
| (lower) | ` |
| (c) Left anterlog II I-17 | 2 |
| chest | |
| (d) Left arm (c) 1 2 17 | 3 |
| | |
| | |
| Did foot to assess one also? | |
| Did you feel it anywhere else? NO YES | |
| | |

Record additional information on the diagram above.



Comments:



| 15. b. | 176 | Have you ever had a severe pain across the front of your chest lasting half an hour or more? YES NO II |
|--------|--------------------------|--|
| | (3) | How many of these attacks have you had? 19 19 180 attacks Tell me about your 90 Date Division 185 First attack: |
| 15. c. | 190 (2) 193 | Do you get pain in either leg on walking? YES NO Does this pain ever begin when you are standing still or sitting? YES NO Skip to 16 In what part of your leg do you feel it? |
| 98) | (4) | (If calves not mentioned, ask, "Anywhere else?" If still not mentioned, indicate "Pain does not include calf.") Pain includes calf/calves Pain does not include calf 2 + Skip to 16 Do you get this pain when you walk uphill or hurry? YES NO Never walks uphill or hurries Skip to 16 |
| 99 | (5) 191 (6) | Does this pain ever disappear while you are still walking? YES NO |

NOTE: For fields 91 and 93:

Duration Codes

| CODE | MINUTES |
|------|------------|
| 0 | DK |
| 1 | 1-30 |
| 2 | 31-45 |
| 3 | 46-60 |
| 4 | 61 or more |



(FLAG 191

| (7) What do you do if you get this pain while walking? Stop or slacken pace Continue at same pace [1○2] 199 □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ | Comments |
|---|--------------------|
| (8) What happens to the pain if you stand still? Relieved Not Relieved 200 | (DS) (FLAG 202) |
| 16. a. Do you get shortness of breath that requires you to stop and rest? NO YES Do you get it walking on level ground or climbing a single flight of stairs? YES NO 16. b. Do you get shortness of breath when you are lying down flat? NO YES Does this shortness of breath improve when you sit up, or do you use extra pillows at night to prevent it? YES NO 206 I I | (II) (FLAG 208) |
| 17. a. (1) Do you usually cough first thing in the morning (on getting up) in the winter? Include a cough with first smoke or on first going out of doors. Exclude clearing throat or a single cough. YES NO (2) Do you usually cough during the day — or at night — in the winter? Ignore an occasional cough. YES NO If no to both questions (1) and (2), skip to 17b | FLAG 211 |

| 17. | a. | (3) | Do you cough like this on most days (or nights) for as much as three |
|-----|----|-----|--|
| | | | months each year? |

YES NO 212 1 12

17. b. (1) Do you usually bring up any phlegm from your chest first thing in the morning (on getting up) in the winter?

Include: Phlegm with the first smoke, phlegm on first going out of doors and swallowed phlegm. Exclude phlegm from the nose.

YES NO 213 1 2

(2) Do you usually bring up any phlegm from your chest at least twice during the day — or at night — in the winter?

(3) Do you bring up phlegm like this on most days (or nights) for as much as three months each year?

17. c. (1) Does your chest ever sound wheezing or whistling?

NO YES

217 Do you get this most days – or nights?

YES NO

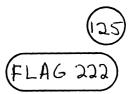
121 218 D

(2) Have you ever had attacks of shortness of breath with wheezing?

18. In the past two years, have you noticed any decrease in sexual ability?

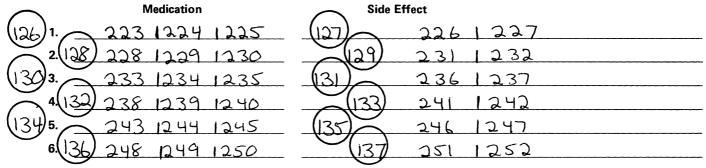
YES NO

Comments



HP26/7

19. List all medications to which the participant reported having side effects or reactions on HP25 (Items 61c and e, 62b, and 63b).



Comments: (138)
FLAG 253

NOTE: Medications in fields 126,128,130,132,134 and 136, and side effects in fields 127,129,131,133,135 and 137 are from Drug Code List.

20. DURING THE PAST 12 MONTHS, the participant has experienced the condition(s) checked below:

Positive responses and additional information as appropriate should be transferred from HP25 Items 26—28 for use by the clinic physician.

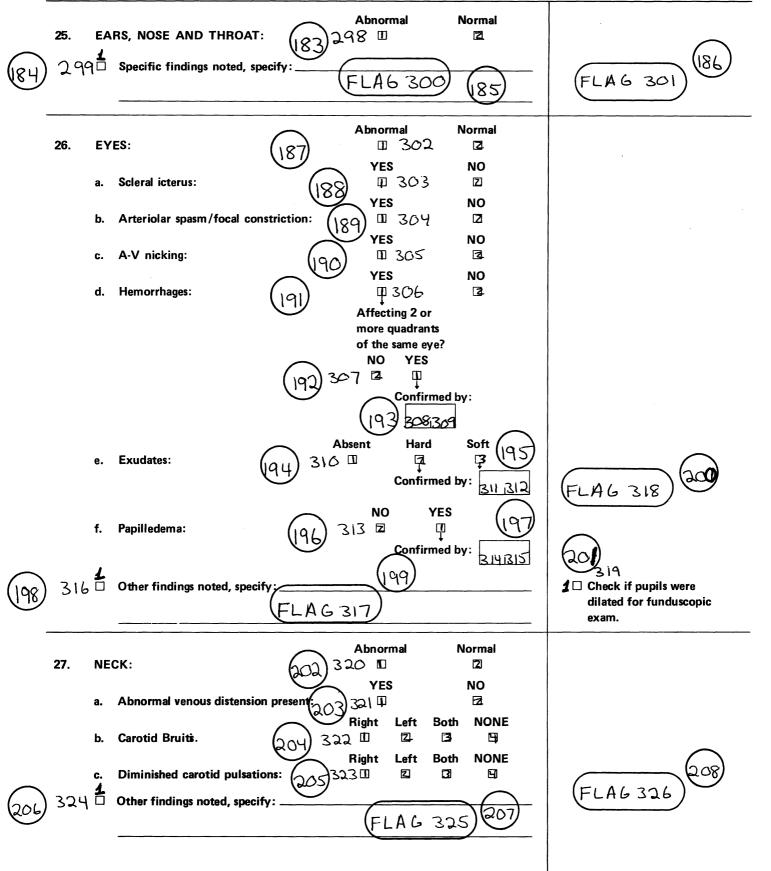
| | | COMMENT | |
|-------|--|------------------|-----------------|
| (139) | a. 1 □ heart attack or coronary. 2.54 | (FLAG 255)(140) | |
| (G) | b 1 □ stroke or brain hemorrhage. 256 | 4 | 2)(FLAG 257) |
| (143) | 141 c.1□ diabetes. 258 | (FLA6 259)(144) | |
| | (IIIC) d 1 cancer. 260 — | (l4 | 6) (FLA6 261) |
| (147) | e.1□ gout. 262 | (FLAG 263)(148) | |
| | (149)f.1口 intestinal bleeding or ulcers. ス64 🔠 | | 50/FLA6 265) |
| (151) | g.1□ kidney stones or other kidney trouble 26 | FLAG 267 (152) | V(5) 4 (5) (5) |
| | (153)h D cirrhosis or liver disease. 268 — | | Y/FLAG 269) |
| (155 | none of the above 270 — | | |
| | • | | |

Comments on any positive response:

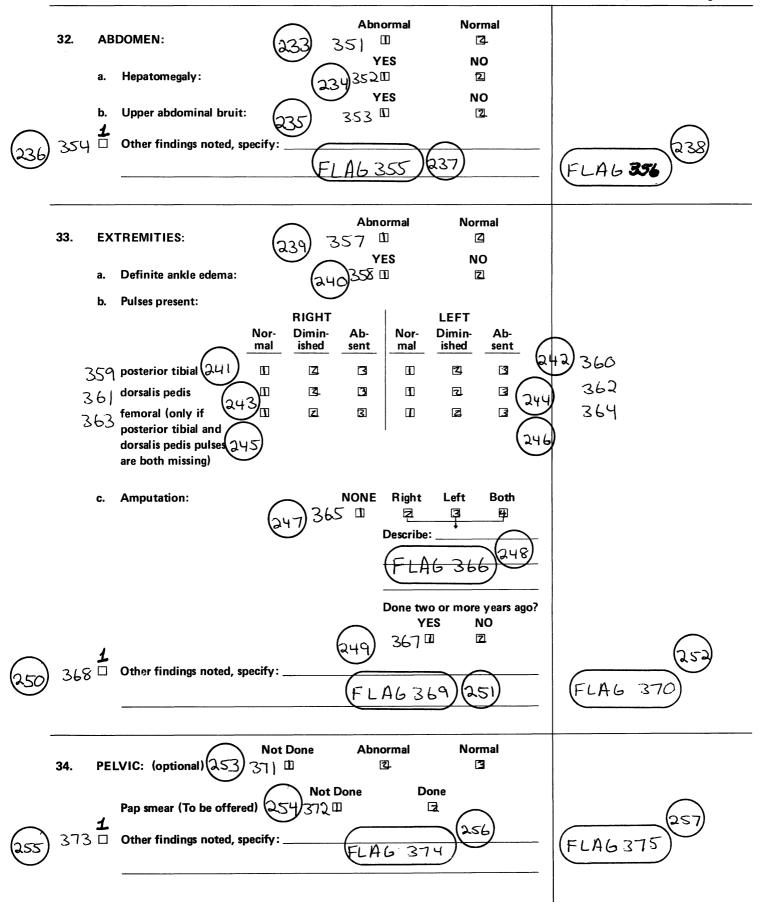
(FLAG 271)

| 21. | WITHIN THE PAST 12 MONTHS, the participant has experienced the condition(s) checked below: |
|---------------|---|
| (| Positive responses should be transferred from HP25, Item 29, for use by the clinic physician. |
| | a. 1 □ skin rash or unusual bruising. 272 |
| (158 | b. 1□ swelling or tenderness of the breasts. 273 |
| 9) | c. 1□ recurrent stomach pains. 274 |
| <(160 | d. 1 □ waking up too early and having difficulty getting back to sleep. 275 |
| $)$ \approx | e. 1 in black or tarry stools. 2. 16 |
| <(162 | f. 1□ bright red blood in the stools. 277 |
| 3)> | / g. 1□ frequent depression that interfered with work, recreation, or sleep. ノノと |
| <(164 | h. 1 □ tiredness or fatigue. 279 |
| (5) | 7 i. 4 inightmares. スタン |
| 166 | 2 □ none of the above. |
| 22. | WITHIN THE PAST 12 MONTHS, the participant has experienced the condition(s) checked below: |
| | Positive responses should be transferred from HP25, Item 30, for use by the clinic physician. |
| | a. ∡ □ an illness or injury which kept the participant in bed for a week or more, or sent the participant to the hospital. ス分 ⊋ |
| (168 | $iggr)$ b. 1 \Box attacks of headache, racing of the heart, and sweating all at once. 283 |
| | \prime c. 1 \Box headaches so bad that the participant had to stop what he or she was doing. 2 $\%$ \dashv |
| (170 | \setminus d. $m{z}$ \Box faintness of light-headedness when he or she stands up quickly. \supset \lessapprox \lesssim |
| | e. 1□ heart beating fast or skipping beats. 286 |
| (173 | f. 1 🗆 blacking out or losing consciousness. 287 |
| | development of a lump. 288 |
| (174 | h. $m{m{\bot}}\square$ worries about physical symptoms which a doctor could not explain. $m{\supset} 89$ |
| 5)\\\ | 1 □ none of the above. 290 |
| | |
| | PHYSICAL EXAMINATION |
| | |

| | | Area | Description of Findings | | | | |
|-----|-----|---|-------------------------|------------------------------|----------|------------|-------|
| · | 23. | GENERAL APPEARANCE: | (176) | Abnormal スター ^団 | Normal 🗵 | (FLAG 292) | (77) |
| | 24. | SKIN: | (178) | Abnormal | Normal | | |
| 189 | 29 | Xanthomata: 1 Other findings noted, specify: | | YES 294 11 FLAG 296 | NO [Z] | (FLAG 297) | (182) |
| | | | | | | | |

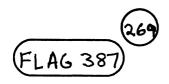


| 28. | LYMPH NODES: | 209) | Abnormal 327 II | Normal [2]. | (212) |
|------|--|---------------------------------|---|---|--------------------------|
|).ko | | | FLAG | 329 211 | (FLAG 330) |
| 29. | CHEST AND LUNGS: | | YES | Normal 2 NO 2 | |
| 333 | ☐ 1 Other findings noted, speci | (2) (1) | | 34) (216) | FLA 6 335 |
| 30. | BREASTS (FOR WOMEN): Palpable mass: | Q18) Q19) 3 | Abnormal 336 ^{II} Right Left 337 II IZ | Normal Both NONE | |
| 338 | 5 □ ∠ Other findings noted, speci | | | 39 (221) | (222) (FLA 6 340) |
| 31. | HEART: | (333) | | Normal | |
| | a. Abnormal apical impulse: | वित्र | 4)342 ¹¹¹ | 1 21 | |
| | b. Irregular apical heart rate: | 225 | 343 🗆 | 2 | |
| | c. Heart rate greater than 100 | /minute: | 34400 | 72 | |
| | d. S 3 gallop: | 27 | 345 🗓 | 73. | |
| | e. Systolic murmur: | (22 | 83460 | 13 . | |
| | f. Diastolic murmur: | (229) | 347 [©] | E 3 . | (332) |
| 348 | Other findings noted, speci | fy: | FLAG | 349 (231) | (FLAG 350) |
| | 328 29. 333 30. | 29. CHEST AND LUNGS: Râles: 333 | 29. CHEST AND LUNGS: Râles: 333 | 28. LYMPH NODES: 308 1 Specific findings noted, specify: 29. CHEST AND LUNGS: Râtes: 333 1 Other findings noted, specify: 213 23 1 VES 332 1 Specific findings noted, specify: 214 332 1 Specific findings noted, specify: 215 23 1 Specific findings noted, specify: 216 23 23 1 Specific findings noted, specify: 217 23 23 1 Specific findings noted, specify: 218 332 1 Specific findings noted, specify: 219 332 1 Specific findings noted, specify: 219 332 1 Specific findings noted, specify: 210 332 1 Specific findings noted, specify: 210 332 1 Specific findings noted, specify: 210 323 1 Specific findings noted, specify: 210 323 1 Specific findings noted, specify: 210 327 1 Specific findings noted, specify: 211 323 1 Specific findings noted, specify: 212 327 1 Specific findings noted, specify: 213 23 1 Specific findings noted, specify: 213 23 1 Specific findings noted, specify: 214 248 1 Other findings noted, specify: 215 248 1 Specific findings noted, specify: 216 248 1 Specific findings noted, specify: 217 248 1 Other findings noted, specify: | 28. LYMPH NODES: 327 II |



| | 35. | RE | CTAL (optional) | / | lot Done 76 [©] | | 21. | | rmal | | | |
|-----|-----|---------|----------------------------------|---|-----------------------------|-----------------------------|---------------------|------------------|----------|--------|---------------|--|
| 260 | 378 | 1 | For males: Pros | | y: | | es 1377 (261) | | 10 2 | FLAG 3 | 263 | |
| - | 36. | NE | UROLOGICAL: | | (26 | 3 Abno | ormal | | rmal (2) | LHOS | | |
| | 30. | a. | Hemiplegia | | 264)3 | 7 381 E Right 882 III | Left [2] | Both 3 | NONE | | | |
| 267 | 385 | b. 1 | Gross hemipares Other findings n | | | Right 383 [©] | Left [2] | Both | NONE I | FLAG 3 | 78P) (5P8) | |

37. OTHER PHYSICAL FINDINGS, SPECIFY:



| 36c. Has the | participant ever | had a stroke? | |
|--------------|------------------|---------------|----|
| Probably Ye | S. | Probably No | |
| Di. | 384 | □ 2 | 24 |

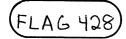
Record all drugs which were being taken at the time the HP25 was administered. (Review items 62b and 63b of the HP25.)

| | 1 NONE 27/ | Being Taken | Not Being Taken | |
|----------|---|----------------|---|--------|
| a. | thiazides or thiazide-like compounds | П | 201 2 (272) | |
| | 2. spironolactone | 0) 0) | 391 (273) | |
| | 3. other diuretics | 00 | | |
| | 4. reserpine or other rauwolfia alkaloids | D D | 393 (274) | |
| | 5. guanethidine | (1) (1) | 394 (275) | |
| | 6. hydralazine | <u>u</u> | 395 | |
| | 7. methyldopa | | 396 - (276) | |
| | 8. propranolol | (1) | 397 🗆 (277) | |
| | 9. triamterine | <u>(1)</u> | 398 (278) | |
| | 10. donidine | | 011 \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | |
| | 11. prazosin | <u>D</u> | | |
| | | D | 461 (280) | |
| | 12. other antihypertensives | D | 402 (281) | |
| b | cardiovaccular proporetions | | (783) | |
| b. | cardiovascular preparations | m | 403 (283) (281) | 1/ |
| | 1. digitalis | <u> </u> | | (285) |
| | 2. nitroglycerin | <u> </u> | 464 🗆 | \sim |
| | 3. other cardiovascular preparations | | 405 - 286 | 7 |
| | | | | |
| C. | analgesics | _ | (287) | |
| | 1. aspirin-containing compounds | <u> </u> | 406 | |
| | 2. other analgesics | Ф | 407 🗆 (288) | |
| | | _ | | |
| d. | antibiotics | D | 408 (289) | |
| _ | | CD. | | |
| e. | anticoagulant agents | (3) | 409 🗆 (290) | |
| f. | antidiabetic agents | | | |
| 1. | antidiabetic agents 1. insulin | m | 410 0291 | |
| | | O D | $\neg (n \land 1)$ | |
| | 2. oral hypoglycemics | | 911 | |
| | antihistamines | 由 | (293) | |
| g. | antunistaninnes | ш | 412 | |
| h. | antithrombic agents | Œ | 413 1 (294) | |
| ••• | antitinombie agenta | ш | 713 (295) | |
| i. | gout medications | 1 | 414 | |
| •• | 5 | | | |
| j. | hormonal preparations | | (∞) | |
| • | 1. corticosteroids | ď | 415 0296 | |
| | 2. thyroid preparations | <u> </u> | 416 (297) | |
| | 3. oral contraceptives | 10 | 417 (298) | |
| | 4. other estrogens | <u></u> | | |
| | 5. other hormonal preparations | <u>u</u> | (299) | |
| | or outsi normonal proparations | ш | 419 (300) | |
| k. | hypnotics | 00 | 420 [(701) | |
| | , p de | 4 | (301) | |
| I. | lipid-lowering agents | D D | 421 (302) | |
| | | | | |
| m. | tranquilizers | I | ५ ३२ 🗆 🕝 | |
| | • | - - | (303) | |
| n. | potassium (supplement) | 1 | 423 a(304) | |
| | | | | |
| о. | other medications | I | 424 🗆 💮 | |
| | | • | (303) | . 7 |
| Thi | s check list completed by: | | <u> </u> | 25 426 |

(FLAG 427) (307)

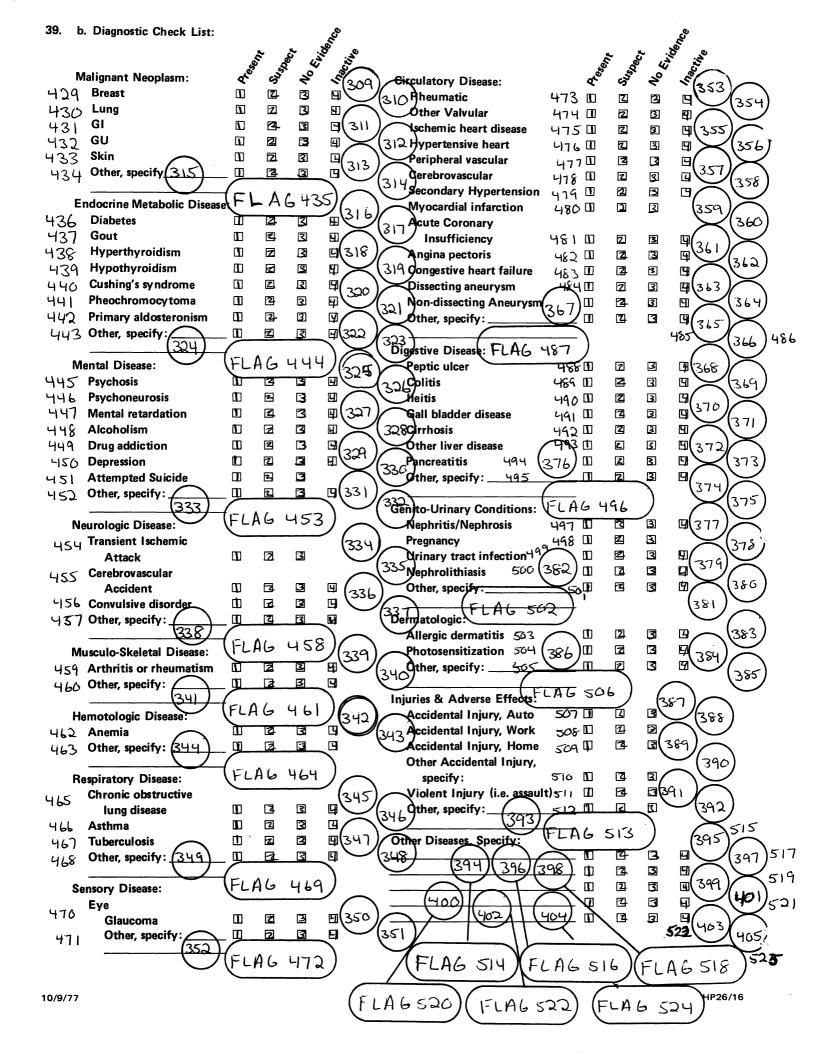
39. DIAGNOSTIC SUMMARY

a. Physician's Diagnoses: (List significant findings in order of importance.)





HP26/15



| 40. | RE\ | /IEW O | F RESULTS OF EXAMINATION | |
|----------------|--------------|------------|---|-------|
| 106) | a. | | of results of examination and discussion with participant: neral explanation of high blood pressure 526 | |
| <u> (407</u> | | | sent status of individual in terms of risk factors: 527 | |
| \sim | (408 | | Blood pressure and end-organ status | |
| ~ (409) | | 1 | Smoking (if greater than 10 cigarettes per day) 529 | |
| | , | Z | Percent of ideal weight (if 140% or greater) 530 | |
| 119) | | _ | | |
| | b. | | ults to be sent to an outside source of care? | |
| | <i>r</i> -2. | NO | YES | |
| (411) | 531 | <u>121</u> | Ţ | |
| | | | Source of Care | |
| | | | | |
| | | | | |
| | | | ☐ Complete HP03A Release of Program Information, signed | |
| | | | | |
| _ | C. | | acute condition? | |
| (1) | | NO | YES | |
| (412) | 532 | 2 | □ Appropriate actions taken to bring condition under control | |
| | | | | |
| | d. | Envelo | pe allocation of participant | |
| | | □ Re | eferred Care | |
| | 233 | Z St | epped Care (4/3) | |
| | e. | Treatm | ent allocation of participant | |
| | ٠. | | eferred Care | |
| (414) | 534 | | epped Care Complete modified HP06 | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | (415) |
| | | | | |
| | | | | |

Physician or Therapist Signature

535 536